

ACAAD 8.0

INJECT · INCISE · ILLUMINATE

Welcome to ACAAD 8.0

Over successive editions, *Advance Courses in Aesthetics and Dermatosurgery* (ACAAD) has established itself as a marquee dermatological workshop collective—recognised for focused teaching, expert-led demonstrations and meaningful hands-on learning. Its purpose has remained constant: to move beyond theory and translate clinical knowledge into sound judgement, refined technique and safer everyday practice.

ACAAD 8.0 marks a considered expansion of this vision through three complementary learning formats. The **ACAAD Knowledge Forum** brings together focused scientific talks, debates and case-based discussions, alongside practical conversations on aesthetic practice management, patient communication, team building and sustainable clinic growth. The **ACAAD Skills Studio** continues ACAAD's hallmark *True Hands-On Experience*, combining expert demonstrations with closely supervised procedural learning on real cases. The **ACAAD Surgical Theatre** offers live, step-by-step exposure to dermatosurgical procedures in an operating-theatre setting.

United by the theme **Inject · Incise · Illuminate**, this edition has been carefully curated to examine not only how procedures are performed, but also why, when and for whom they should be chosen—and how these services can be delivered responsibly within a well-managed practice.

Through candid faculty interactions, practical protocols and experience-led insights, ACAAD 8.0 aims to deliver learning that is relevant, responsible and immediately applicable.

We welcome you to two immersive days of scientific exchange, skill enhancement and collaborative learning on **26–27 September 2026**.

ORGANISED BY



SIR GANGA RAM HOSPITAL
Trust of Generations

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KNOWLEDGE FORUM

Day 1 · Saturday, 26 September 2026

PRIDE PLAZA HOTEL, AEROCITY

TIMINGS	TOPIC	FACULTY
CHAIRPERSON		Dr V.K. Upadhyaya
10:00–10:15 AM	Code Red: The Vascular Occlusion Drill	Dr Anupama Bisaria
10:15–11:00 AM	Regenerative Aesthetics: Evidence, Exaggeration or the Next Frontier? — Panel	Moderator: Dr Indu Ballani Panelists: Dr Kashish Kalra, Dr Priyanka Sharma Guleria, Dr Soumya Sachdeva, Dr Sonal T Garg, Dr Nikita Gandhi
11:00–11:15 AM	Pioneering Skin Longevity with Epicelline (Sponsored By Eucerin)	Dr Niti Gaur
11:15–11:30 AM	<i>Tea</i>	
CHAIRPERSON		Dr Sanjeev Gupta
11:30–11:55 AM	Biostimulators vs HA Fillers: What Does the Face Really Need? — Debate	Dr Pallavi Rohatgi (HA) vs Dr Priyanka Sharma Guleria (Biostimulators)
11:55 AM–12:20 PM	Toxin in the Twenties: Prevention or Premature Intervention? — Debate	Dr Shirin Bakshi (Against) vs (For) Dr Anmol Chugh
CHAIRPERSON		Dr Sanjeev Gupta
12:20–1:00 PM	Innovative Protocols with Lasers & EBDs — Three 10-minute talks	Dr Anuj Pall, Dr Neeharika Manchanda, Dr Ruchika Miglani
1:00–1:15 PM	Optimising Q Switched Lasers in Practice	Dr Priya Puja
1:15–1:30 PM	The Overfilled Face — How to Manage	Dr Rajat Kandhari
1:30–2:15 PM	<i>Lunch</i>	
CHAIRPERSON		Dr Gulshant Panesar, Dr Chander Grover
2:15–3:00 PM	Building the Team — Hiring, Training & Retaining in an Aesthetic Clinic	Moderator: Dr Kashish Kalra Panelists: Dr Priya Puja, Dr Monica Chahar, Dr Rajat Gupta (Dermatologist), Dr Parmil Kumar Sharma
3:00–3:15 PM	Newer Materials in Injectables: Volume Fillers & Toxins — Update	Dr Navjot Arora
3:15–3:30 PM	Rejuvenating the Hands, Neck & Decolletage	Dr Deepti Dhingra
3:30–3:45 PM	<i>Tea</i>	
CHAIRPERSON		Dr Anil Aggarwal
3:45–4:00 PM	No Copy-Paste Faces: Individualising Aesthetic Treatment Plans	Dr Anu Kapoor
4:00–4:15 PM	Next-Gen Periorbital Rejuvenation: Addressing Multifactorial Cascade (Sponsored By IPCA)	Dr Deepti Dhingra

KNOWLEDGE FORUM

Day 2 · Sunday, 27 September 2026

PRIDE PLAZA HOTEL, AEROCITY

TIMINGS	TOPIC	FACULTY
CHAIRPERSON		Dr Naveen Saith, Dr R P Gupta
10:00–10:15 AM	Life Beyond MD: Learning Aesthetics Before Earning	Dr Aishwarya Dua, Dr Bhanu Bakshi
10:15–10:25 AM	Getting Ready to Start an Aesthetic Practice	Dr Priyanka Hemarajani
10:25–10:35 AM	Optimising the ROI of Your Aesthetic Clinic	Dr Rohit Batra
10:35–10:45 AM	<i>Tea</i>	
CHAIRPERSON		Dr Ashit Gupta, Dr V K Sharma
10:45–11:00 AM	Ethical Marketing in Aesthetics	Dr Varun Tyagi
11:00–11:15 AM	Innovations in Dermatosurgery	Dr Sanjeev Gupta
11:15–11:45 AM	The Sealed Envelope: One Face, Three Experts, Three Treatment Plans	Moderator: Dr Sukhbir Singh Panelists: Dr Rajat Gupta (Plastic Surgeon), Dr Vikram Jeet Singh Dhingra, Dr Kalpana Sarangi
CHAIRPERSON		Dr Pravesh Yadav
11:45 AM–12:15 PM	Inject or Energise? Choosing Between Injectables and EBDs for the Same Face	Moderator: Dr Madhuri Agarwal Panelists: Dr Monica Bambroo, Dr Sachin Dhawan, Dr Seema Oberoi Lall
12:15–1:00 PM	Regenerating the Follicle: Emerging Therapies Beyond PRP	Moderator: Dr Sachin Dhawan Panelists: Dr Kavish Chauhan, Dr Gaurav Garg, Dr Gaurang Krishna, Dr Vanya Narayan, Dr Ankita Choudhary
CHAIRPERSON		Dr Gurvinder Banga
1:00–1:45 PM	Melasma: The Patient Who Never Leaves — Panel	Moderator: Dr Rashmi Sarkar Panelists: Dr Gaurav Nakra, Dr Deepak Vohra, Dr Sonali Langar, Dr Poonam Sharma, Dr Chetna Ghura
1:45–2:15 PM	<i>Lunch</i>	
CHAIRPERSON		Dr Rati Makkad, Dr Deepak Sharma
2:15–2:45 PM	My Worst Complication: Faculty Confessions & Learnings (10 minutes each)	Dr Anil Ganjoo, Dr Kalpana Sarangi, Dr Rohit Batra
2:45–3:30 PM	Homework Before Buying a Laser: What Nobody Tells You	Moderator: Dr Anil Ganjoo Panelists: Dr Ajay Sharma, Dr Rishi Parashar, Dr Mandeep Bhukar, Dr Ramanjit Singh, Dr Navnit Haror
CHAIRPERSON		Dr Mukesh Girdhar, Dr Vineet Relhan
3:30–3:45 PM	Twenty Years in Aesthetics: What I'd Do Same & What I Would Do Differently	Dr Vikram Singh Rathore
3:45–4:00 PM	Lasers & EBDs 2026: What's New & What's on the Horizon	Dr Aakash Gupta

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SKILLS STUDIO

WORKSHOPS · PRIDE PLAZA HOTEL, AEROCITY

Day 1 · Saturday, 26 September

TIMINGS	WORKSHOP	FACULTY
9:00–11:00 AM	Botulinum Toxin A — Upper Face	Dr Deepti Dhingra, Dr Priyanka Hemarajani, Dr Rashmi Sharma, Dr Indu Kumari, Dr Anu Kapoor
11:00 AM–1:00 PM	Botulinum Toxin A — Lower Face & Neck	Dr Anika Goel, Dr Deepti Dhingra, Dr Priyanka Hemarajani, Dr Indu Kumari, Dr Anu Kapoor
2:00–3:15 PM	Rejuvenation Unplugged: Injectables & Regrowth	Dr Nikita Gandhi, Dr Neeharika Manchanda, Dr Deepti Dhingra
3:15–4:15 PM	Resurface & Remodel: Fractional Devices	Dr Rohit Batra, Dr Gaurav Nakra, Dr Kashish Kalra
4:15–5:00 PM	The Bright Side: Mastering Pigment Lasers	Dr Anuj Pall, Dr Sumit Gupta, Dr Rahul Arora, Dr Priyanka Hemarajani
5:00–5:45 PM	Pulse & Precision: Laser Hair Reduction	Dr Rahul Arora, Dr Rohit Batra, Dr Sumit Gupta, Dr Sumit Kaur
5:45–6:30 PM	Peel Craft: Strategic Use of Chemical Peels	Dr Nitika Nijhara, Dr Sonal Bansal, Dr Deepti Saxena

Day 2 · Sunday, 27 September

TIMINGS	WORKSHOP	FACULTY
9:00–10:00 AM	Skin Boosters & Bio-Remodellers	Dr Sonal Garg, Dr Soumya Sachdeva, Dr Priyanka Hemarajani, Dr Sumit Kaur
10:00–11:00 AM	Skin Tightening with EBDs	Dr Ajay Sharma; Dr Anil Ganjoo, Dr Rishi Parashar
11:00 AM–12:00 PM	Starting GLP-1 Agonists in Clinical Aesthetics	Dr Aditya Dutta (Endocrine); Dr Rohit Batra, Dr Ramanjit Singh
12:00–1:30 PM	Threads	Dr Kalpana Sarangi, Dr Indu Ballani, Dr Sukhbir Singh, Dr V S Rathore, Dr Navnit Haror
2:30–4:00 PM	Fillers I — Mid Face	Dr Madhuri Agarwal; Dr Vikram Jeet Singh Dhingra, Dr Rakesh Jaangra, Dr Rajat Gupta (Plastic Surgeon), Dr V S Rathore
4:00–6:00 PM	Fillers II — Lower Face	Dr Monica Bambroo, Dr Rakesh Jaangra, Dr Gaurav Garg, Dr Rajat Gupta (Plastic Surgeon)

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SURGICAL THEATRES

Day 2 · Sunday, 27 September 2026

SIR GANGA RAM HOSPITAL · OT 1/2 (10 PARTICIPANTS EACH)

TIMINGS	PROCEDURE	FACULTY
9:00–10:00 AM	Ear Lobe Repair	Dr Anubhav Gupta
10:00–11:00 AM	Fat Grafting	Dr Anubhav Gupta
11:00 AM–12:00 PM	Cyst/Lipoma Removal	Dr Lalit Chaudhary
12:00–1:00 PM	Scar Revision	Dr Lalit Chaudhary

HArmonyCa™ Masterclass

Saturday, 26 September · 9:30 AM – 1:30 PM · 10 Slots

PRIDE PLAZA HOTEL, AEROCITY

SPEAKERS Dr Kuldeep Singh · Dr Sukhbir Singh

HArmonyCa™, from Allergan Aesthetics, is a new-generation hybrid injectable combining hyaluronic acid for immediate volumising support with calcium hydroxyapatite for progressive collagen stimulation and improvement in skin quality. Achieving predictable, natural-looking outcomes requires an understanding of its distinct characteristics, appropriate patient selection and product-specific injection protocol. For the first time at ACAAD, we introduce a dedicated HArmonyCa™ Masterclass, offering focused training on assessment, treatment planning, technique and safety.

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